

ROADBOOK

LE TOUR DES STATIONS

THE EVEREST OF CYCLING



SAMEDI 29 AOÛT 2026

MERCI !

STATIONS PARTENAIRES

VERBIER
PURE ENERGY

OVRONNAZ



anzère
VALAIS SWITZERLAND

CRANS MONTANA
Absolutely

vercorin
SI PROCHE, SI NATURE.

NAX
REGION
NAX - VERNAMÈGE - MASE

ST-MARTIN
VAL D'AUDOUIN
Le multitalent

heremence
VAL D'HÉRENS

THYON
4 VALLÉES

VEYSONNAZ
4 VALLÉES

NENDAZ
4 VALLÉES

LA TZOUMAZ
VERBIER - 4 VALLÉES



SION
CAPITALE SUISSE
DES ALPES



PARTENAIRES PARCOURS



**MUNICIPALITÉ
DE VÉTROZ**



**Noble
Contrée**
COMMUNE



ISÉRABLES

PRESENTATION

Welcome to the Tour des Stations 2026!

In the heart of the Valais Alps, the Tour des Stations is much more than a cycling sportive: it is an exceptional sporting challenge for cyclists in search of adventure.

Every summer, thousands of cyclists from Switzerland and around the world come together to tackle Valais' iconic mountain passes and ride through an extraordinary landscape of valleys, vineyards and Alpine peaks. In just a few editions, the event has established itself as one of Europe's leading cycling sportives, attracting nearly 3,500 participants from 40 different countries.

Its signature challenge? A unique feat: climbing the equivalent elevation gain of Mount Everest in a single day. On the Ultrafondo course, cyclists face 241 kilometres and 8,848 metres of elevation gain between Le Châble and Verbier. An extraordinary challenge that makes the Tour des Stations one of the toughest one-day cycling events in the world.

The adventure unfolds along mountain roads, through Valais resorts and over legendary climbs such as the cols of Lein and Croix-de-Cœur. With distances ranging from the 77-kilometre Mediofondo to the 241-kilometre Ultrafondo, everyone can find their own challenge.

Set against a spectacular Alpine backdrop and with a strong international identity, the Tour des Stations also contributes to showcasing Valais as a tourist destination.

The Tour des Stations invites cyclists to push their limits and experience Valais in a whole new way.





Ralf Kreuzer
President, Valais Sports Fund

Tour des Stations, Valais in motion

Year after year, the Tour des Stations continues to establish itself as one of the major sporting events in our canton. On 29 August 2026, for its 9th edition, thousands of cyclists will once again take on the roads and mountain passes of Valais, with some facing an extraordinary challenge: climbing the equivalent elevation gain of Mount Everest, 8,848 metres, in a single day.

Beyond performance, the Tour des Stations embodies the core values of sport: pushing your limits, perseverance, sharing and the joy of taking on a challenge. Its ambition to make this “Everest” increasingly accessible also helps open this sporting adventure to an ever wider audience. The encouraging growth in female participation reflects this commitment to making cycling and its challenges accessible to as many people as possible.

Since its first edition in 2018, the Valais Sports Fund has been a major supporter of the Tour des Stations. Funded by the share of Loterie Romande profits allocated to sport, this support reflects our commitment to events that encourage participation in sport while also promoting our canton.

With a record number of participants in 2025 and attendance increasing for the eighth consecutive year, the Tour des Stations has demonstrated a remarkable ability to bring people together. One of its strengths also lies in connecting several Valais destinations within a single event, creating a true sporting link across our canton. This success illustrates the power of sport as a driver of development. By bringing together sport, tourism, the economy and the region, the Tour des Stations enhances the appeal of Valais and brings our region together around a shared passion.

As we look ahead to the 10th anniversary edition in 2027, I wish this 9th edition every success and extend my very best wishes to all participants. May everyone rise to their own challenge and enjoy an unforgettable day of sport in the heart of the Valais mountains.

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LET'S RIDE, FRIENDS !

RAIFFEISEN

MEMBER
PLUS

Découvrir
les
avantages

Ce qui **nous** différencie:
**l'avantage
préfér  de Julie.**

D couvrez la diversit  des mus es de Suisse et profitez, en tant que soci taire Raiffeisen, de l'entr e gratuite dans plus de 500 mus es.

raiffeisen.ch/musees

PRACTICAL INFORMATION



LOCATIONS

Village

Parking de l'Ermitage, Route de Verbier
Station 108 ([Google Maps link](#))

Starts

Route de Mauvoisin, Le Châble

AT THE VILLAGE

- Information point
- Race number collection
- Exhibitors
- Food trucks & bar
- Activities for children
- Awards ceremonies

START TIMES

Ultrafondo

- 02:30 a.m. [Wave 1]
- 05:00 a.m. [Wave 2]

Superfondo

- 05:30 a.m. [Wave 1]

Marmotte Granfondo

- 06:30 a.m. [Wave 1]
- 06:50 a.m. [Wave 2]
- 07:10 a.m. [Wave 3 - Women's Wave]
- 07:30 a.m. [Wave 4]

Mediofondo

- 08:00 a.m. [Wave 1]
- 08:15 a.m. [Wave 2 – Women's Wave]
- 08:30 a.m. [Wave 3]
- 08:45 a.m. [Wave 4]

GOOD TO KNOW

- I check my start time and arrive early.
- I favour carpooling, public transport or active mobility.
- I follow the Tour des Stations on social media to stay up to date with the latest information: @tourdesstations

PROGRAM

RACE NUMBER COLLECTION

Verbier [Parking de l'Ermitage]

Friday, 28 August 2026

10:00 a.m. – 08:00 p.m. : Race number collection

Note: Ultrafondo participants starting at 02:30 a.m. must collect their race number in Verbier during the times indicated above.

Le Châble [Espace Saint-Marc]

Saturday, 29 August 2026

04:00 a.m. – 08:30 a.m. : Late race number collection

Registration

Until 28 August :

<https://tourdesstations.ch/en/>

STARTS

Verbier [Parking de l'Ermitage]

Friday, 28 August 2026

- From 06:00 p.m. : Bambinofondo starts (All participants must be ready by 5:45 p.m.)

Le Châble [Route de Mauvoisin]

Saturday, 29 August 2026

- 02:30 a.m. : Ultrafondo I start
- 05:00 a.m. : Ultrafondo II start
- 05:30 a.m. : Superfondo start
- 06:30 a.m. : Marmotte Granfondo starts (06:30 a.m. – 06:50 a.m. – 07:10 a.m. Women's Wave – 07:30 a.m.)
- 08:00 a.m. : Mediodfondo starts (08:00 a.m. – 08:15 a.m. Women's Wave – 08:30 a.m. – 08:45 a.m.)

VILLAGE FINISHER

Verbier [Parking de l'Ermitage]

Friday, 28 August 2026

- 10:00 a.m. – 08:00 p.m. : Exhibitor village & food and drinks
- 07:00 p.m. : Bambinofondo awards ceremony

Saturday, 29 August 2026

- 11:00 a.m. – 09:00 p.m. : Exhibitor village & food and drinks
- 04:30 p.m. : Mediodfondo & Marmotte Granfondo awards ceremony
- 05:30 p.m. : Superfondo awards ceremony
- 06:00 p.m. : Ultrafondo The Everest ceremony
- 06:30 p.m. : Lounge session with DJ Gaspari

ACCESS & TRANSPORT

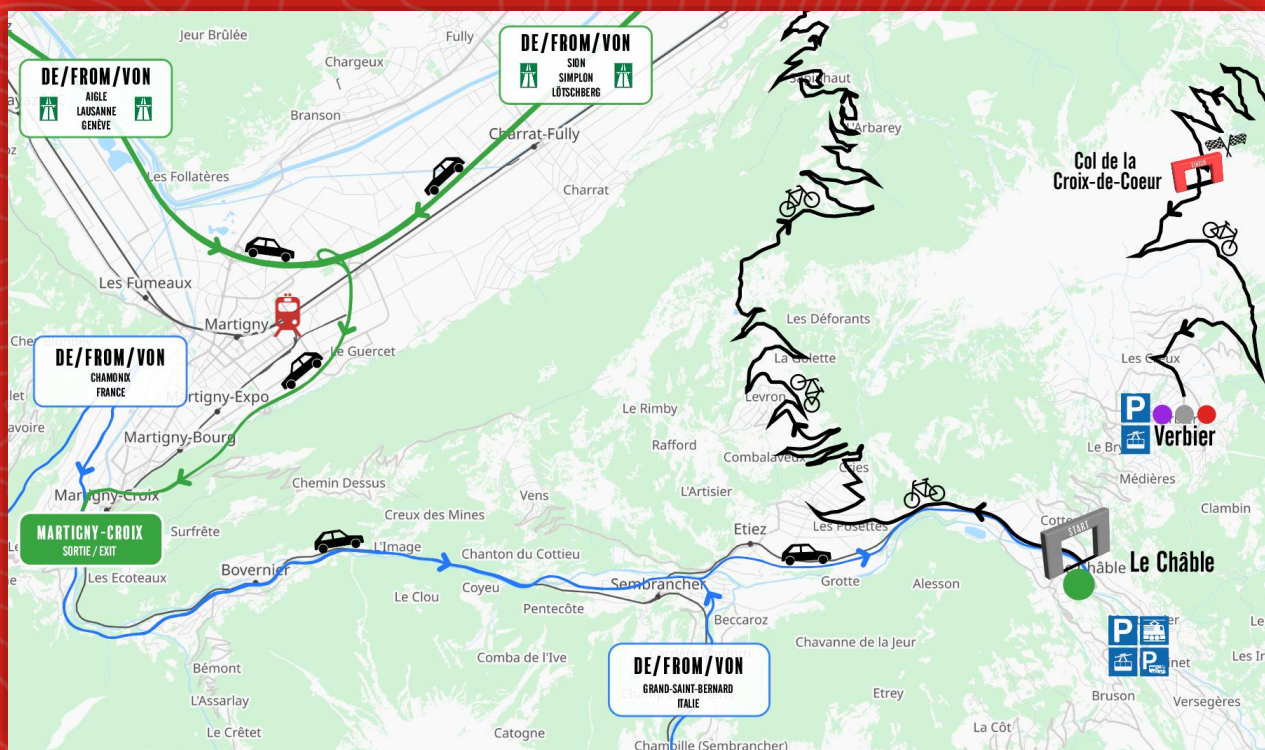
GENERAL

We recommend getting to the Finisher Village:

- By bike from your accommodation in Val de Bagnes: bike parking available on site
- By gondola from Le Châble
- By car: public car parks nearby (*limited spaces*)
- By camper van: dedicated area in Le Châble (*limited spaces*)

We recommend getting to the start area in Le Châble:

- By bike from your accommodation in Val de Bagnes
- By train from Martigny or by gondola from Verbier
- By car: car parks nearby (*limited spaces*)
- By camper van: dedicated area nearby (*limited spaces*)



Parking



Train station (Martigny – Le Châble)



Gondola station (Verbier – Le Châble)



Camper van parking reserved for participants

LE CHABLE

● Start area + late race number collection

VERBIER

● Finisher Village

● Race number collection

● Bambinofondo

PARKING

PARKING IN VERBIER

Parking	Google Maps link	Fee	Capacity
Marais Verts (underground)	View on Maps	First 3 hours free, then CHF 5.- per 24h	230 spaces
Périn (Sports Centre)	View on Maps	Free	400 spaces
Catogne	View on Maps	First 3 hours free, then CHF 5.- per 24h	100 spaces
Rue du Centre Sportif	View on Maps	Free	28 spaces

PARKING IN LE CHÂBLE

Parking	Google Maps link	Fee	Capacity
Curala P1	View on Maps	Free (05:00 a.m. – midnight)	400 spaces
Curala P2	View on Maps	Free (05:00 a.m. – midnight)	180 spaces
Curala P3 [Camper vans only]	View on Maps	Free	45 spaces
Curala P4 [Camper vans only]	View on Maps	Free	106 spaces
Verger de la Cure	View on Maps	Free (max. 48h, parking disc required)	92 spaces

FINISHER VILLAGE

LOCATION

- Parking de l'Ermitage - Route de Verbier Station 108

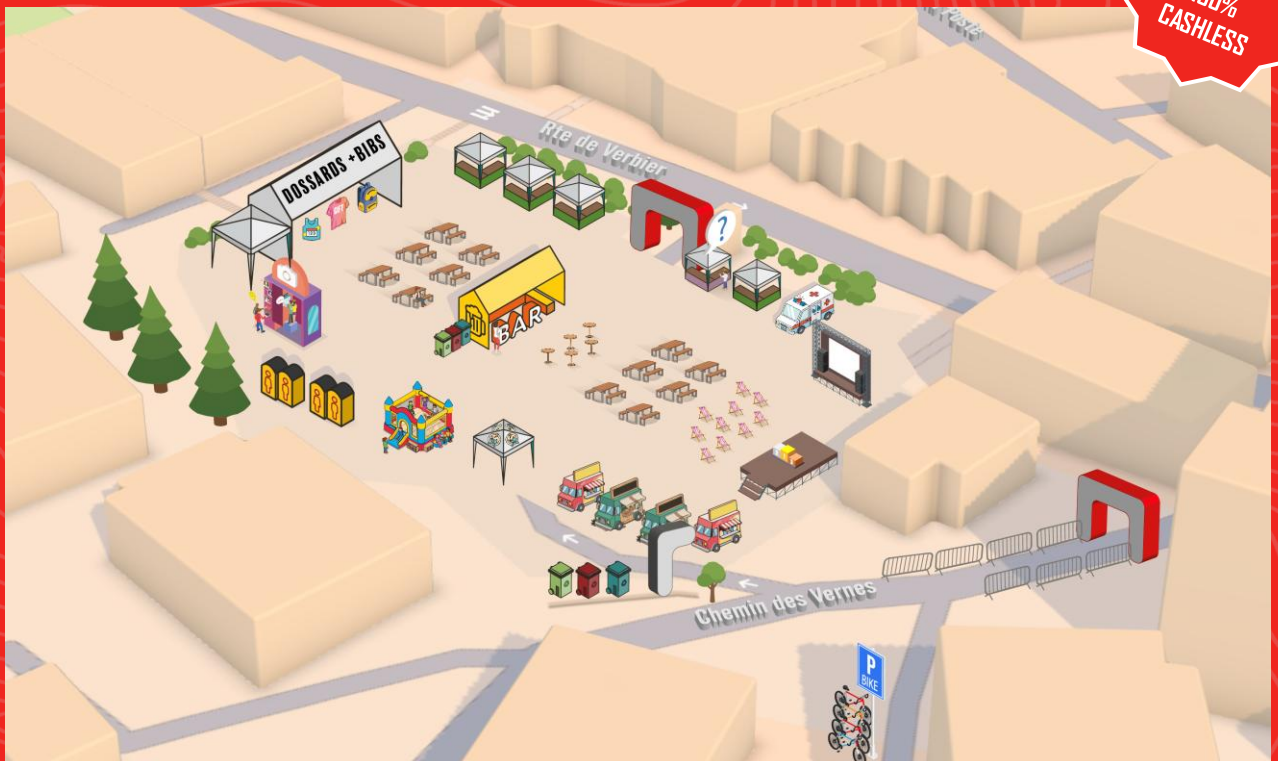
FINISHER VILLAGE OPENING HOURS

- Friday, 28 August : 10:00 a.m. – 08:00 p.m.
- Saturday, 29 August : 11:00 a.m. – 09:00 p.m.

ACTIVITIES

- Race number collection & Welcome Pack
- Information point & exhibitors
- Food & drink stands
- Bambinofondo starts
- Finish line for all races
- Pasta Party by BTB Traiteur
- Personal belongings storage & collection
- Awards ceremonies
- Live Tour des Stations broadcast on the big screen

VILLAGE
100%
CASHLESS



FINISHER VILLAGE

FINISHER JOURNEY

1. I cross the finish line in Verbier.
2. I receive my Finisher medal.
3. I leave my bike at the Bike Park at Hotel Vanessa.
4. I collect my personal belongings by presenting the voucher that I previously detached from my frame plate.
5. I head to the Pasta Party and join the public area in the Finisher Village.
6. I enjoy the atmosphere in the Village and relax after the effort.

NO BIKES ALLOWED

The Finisher Village is open to participants, spectators and supporters.

Bikes can be left at the official Bike Park located at Hotel Vanessa. A drop-off area will be available in the Village only on Friday, 28 August 2026, while you collect your race number.

Participants' bikes are not allowed inside the Finisher Village on Saturday, 29 August 2026.



RACE NUMBER COLLECTION

KEY INFORMATION

- You can collect your race number during the opening hours below by presenting your collection voucher, sent by email a few days before the race, and your ID.
- Each participant must collect their race number in person.
- Exceptionally, and if the registration is complete, a third party may collect the race number by presenting the registration confirmation letter and a copy of the participant's ID.
- For children, the race number must be collected by an adult with the child's collection card and ID at least 45 minutes in advance.
- For relay teams, only one person is required to collect the team's race number.
- All race number allocations are final. No race numbers or gifts will be sent by post.
- Registration is open until 28 August: www.tourdesstations.ch
- When collecting your race number, you will receive a Welcome Pack full of surprises. Please note that it will not be distributed during late race number collection in Le Châble. You can collect it on Saturday, 29 August, between 11:00 a.m. and 9:00 p.m., at the personal belongings collection point, upon presentation of the voucher provided with your race number.

OPENING HOURS

Verbier [Parking de l'Ermitage]

Friday, 28 August 2026

10:00 a.m. – 08:00 p.m. : Race number collection

Note: Ultrafondo participants starting at 2:30 a.m. must collect their race number in Verbier during the opening hours indicated above.

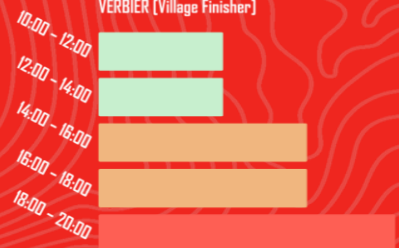
Le Châble [Espace Saint-Marc]

Saturday, 29 August 2026

04:00 a.m.– 08:30 a.m. : Late race number collection

VENDREDI 28 AOUT

VERBIER (Village Finisher)



SAMEDI 29 AOUT

LE CHÂBLE (Espace Saint-Marc)



FRAME PLATE

CONTENT

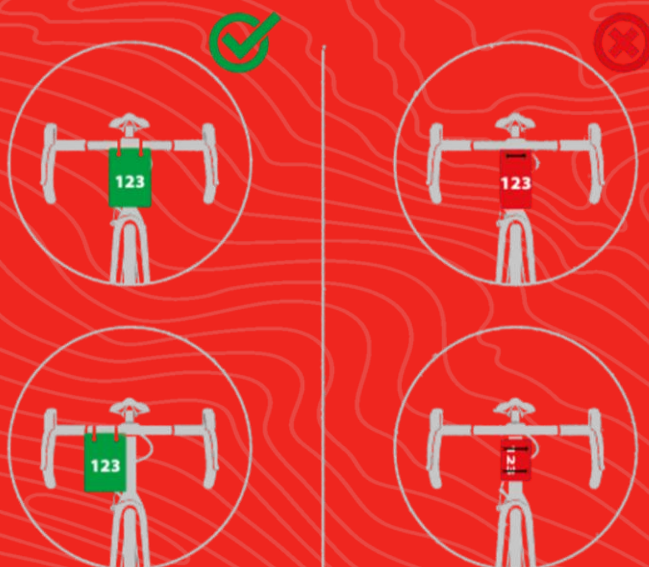
When collecting their race number, each participant receives a frame plate with two detachable vouchers: one for personal belongings and one for the Bike Park.

NOTE

Keep the “Bike Parking” voucher from your frame plate. It allows you to leave your bike safely at the Finisher Village after the race, at the Bike Park located at Hotel Vanessa.



The frame plate is proof of your participation. Without it, our volunteers may refuse you access to the feed stations and the finish line.



TIMING

To ensure accurate timing and photo identification, it is mandatory to attach the frame plate to your bike as shown.

BAG DROP

HOW IT WORKS

- A self-adhesive label is provided with your frame plate.
- Drop off your bag with the label clearly visible at the start in Le Châble.
- Bags are transported to the Finisher Village in Verbier, where you can collect them by showing your voucher with your race number.

RULES

To ensure a smooth and safe service:

- Bring your own bag (individual items are not accepted)
- One bag per person
- The bag must be closed (zip or drawstring)
- The label must be correctly attached and clearly visible
- Maximum bag size: 45 × 36 × 20 cm



BUSY PERIODS

We strongly recommend dropping off your bag early, as the area gets very busy before the starts.

LOST & FOUND

All lost items are collected at the Finisher Village information point.

They can be collected until Saturday at 9:00 p.m.

After this time, please contact us at: info@rd-cycling.com

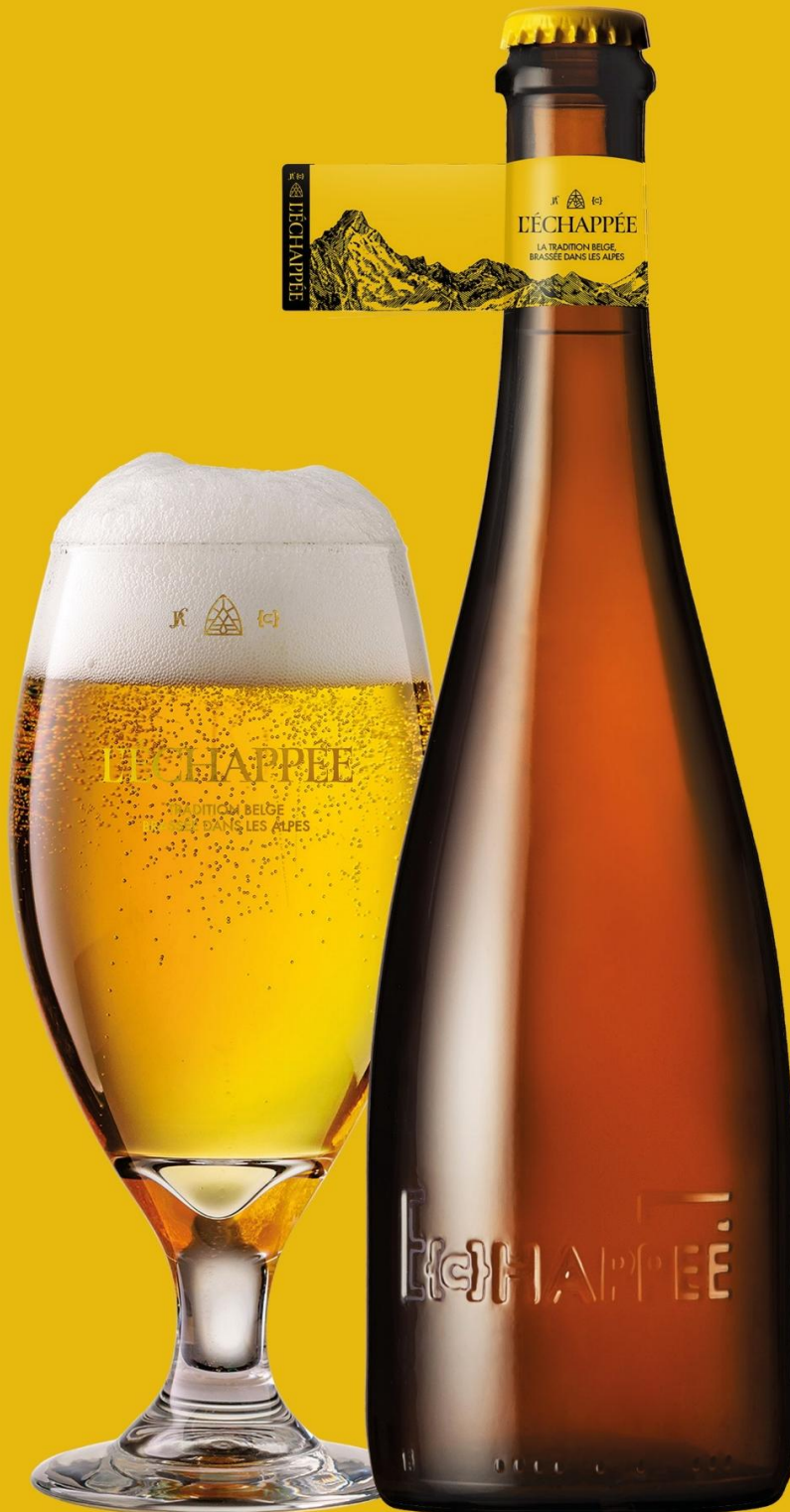
The organiser accepts no responsibility for lost, stolen or damaged items.





L'ÉCHAPPÉE

LA TRADITION BELGE,
BRASSÉE DANS LES ALPES



FACILITIES

To ensure your comfort throughout the weekend, several facilities are available for participants and supporters.

TOILETS

Toilets are available at the Finisher Village and at the various feed stations along the course.

Their locations are indicated by signs on site.

CHANGING ROOMS & SHOWERS

- Changing rooms and showers are located at the Sports Centre.
- Signs will indicate access on race day.
- The Sports Centre is approximately 1 km from the Village.
- The exact location is available via the QR code.



SHOWER ACCESS

IMPORTANT INFORMATION

- Please respect the facilities and other users.
- Do not leave valuables unattended.
- The organiser accepts no responsibility for loss or theft.
- Changing rooms must not be used to store personal belongings.



FINISHER

Being a Tour des Stations Finisher means:



A rider bag with various gifts



Feed stations throughout the courses



The awards ceremony and a **Finisher medal for every participant**



Management of your personal belongings



A Pasta Party by BTB Traiteur at the Finisher Village



Showers and changing rooms near the Finisher Village



Online results, available directly on the website

And plenty of other surprises!



MERCHANDISING

ALE CYCLING X TDS 2026

Didn't order it when you registered?

Visit the ALE stand on race day: the official 2026 jersey will be available for **CHF 75.-**, with the possibility to try it on, while stocks last.

If you have already ordered it, you can collect it from the options stand when collecting your race number.

Discover our other official merchandise too: cycling shorts, jackets, vests, gloves, and more.



MORABITO
OFFICIAL DISTRIBUTOR

FEED STATIONS

	Riddes	Conthey	Mayens-de-la-Zour	Anzère	Crans-Montana	Vercorin	Saint-Martin	Thyon 2000	Nendaz	La Tzoumaz	Col Croix-de-Cœur	Verbier
FOOD												
Oranges	X	X	X	X	X	X	X	X	X	X	X	
Bananas	X	X	X	X	X	X	X	X	X	X		
Waffles & Cake	X	X	X	X	X	X	X	X	X	X		
Crisps	X	X	X	X	X	X	X	X	X	X	X	
Salted crackers	X	X	X	X	X	X	X	X	X	X		
Cured Ham	X	X	X	X	X	X	X		X	X		
Cheese	X	X	X	X	X	X	X	X	X	X		
Sweets	X	X	X	X	X	X	X	X	X	X		
Pasta								X				X
DRINKS												
Isotonic ENERVIT	X	X	X	X	X	X	X	X	X	X	X	
Water	X	X	X	X	X	X	X	X	X	X	X	X
Broth	X	X	X	X	X	X	X	X	X	X	X	
Coca-Cola	X	X	X	X	X	X	X	X	X	X		
FOCUSWATER											X	

NOTE: 1 ENERVIT bar, 1 ENERVIT gel and 1 IRIS fruit purée will be provided exclusively at race number collection and NOT at the feed stations.

Due to new municipal regulations and for sustainability reasons, paper cups will no longer be available at the feed stations. Please use your own bottles or soft cups, which can be purchased for CHF 5.– at the information stand in Verbier (Finisher Village).

All feed stations along the courses offer a selection of sports nutrition products.

For **Ultrafondo participants**, when collecting your race number in Verbier (Friday) or Le Châble (Saturday), you may drop off **personal nutrition in a disposable bag**. It will be transported to **Vercorin, at km 157 of the Ultrafondo course**.

NUTRITION BY ENERVIT



CYCLING HIGH INTENSITY

Z1

Z2

Z3

Z4

Z5

Activity Lasting: 3 hours ~60g/h CARBS



Activity Lasting: 4 hours ~60g/h CARBS



Activity Lasting: 5 hours+ ~60g/h CARBS



NOTE: 1 or 2 PRE-SPORT servings depending on what was consumed in the last meal before the competition. Alternatively, you can take Carbo Jelly or Carbo Chews. Nutritional strategies exceeding 60 g/h of carbohydrates require appropriate nutritional training.



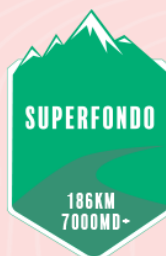
Race N°	Start Wave	Start Area Access	Start Time
1000 – 1499	ULTRAFONDO 1	02:00 a.m.	02:30 a.m.
1501 – 1999	ULTRAFONDO 2	04:30 a.m.	05:00 a.m.
2001 – 2499	SUPERFONDO	05:00 a.m.	05:30 a.m.
2501 – 2899	MARMOTTE GRANFONDO 1	06:00 a.m.	06:30 a.m.
2901 – 3299	MARMOTTE GRANFONDO 2	06:30 a.m.	06:50 a.m.
3301 - 3499	GRANFONDO WOMEN’S WAVE 3	06:50 a.m.	07:10 a.m.
3501 - 3899	MARMOTTE GRANFONDO 4	07:10 a.m.	07:30 a.m.
4001 – 4399	MEDIOFONDO 1	07:30 a.m.	08:00 a.m.
4401 – 4599	MEDIOFONDO WOMEN’S WAVE 2	08:00 a.m.	08:15 a.m.
4601 – 4999	MEDIOFONDO 3	08:15 a.m.	08:30 a.m.
5001 – 5399	MEDIOFONDO 4	08:30 a.m.	08:45 a.m.

COURSES



MARMOTTE GRANFONDO SERIES

SWISS CYCLING TOP TOUR



MAIN CLIMBS

Start	KOM	Start altitude (m)	KOM altitude (m)	Elevation gain (mD+)	Distance (km)	Avg. gradient (%)	Max. gradient (%)
Vollèges	Col de Lein	844	1686	842	11,4	7,4	9
Leytron	Ovronnaz	490	1360	870	10,2	8,5	11,2
Conthey	Mayens-de-la-Zour	495	1365	1125	22,2 (-3,4)	6,0	14
Grimisuat	Anzère	889	1540	651	9	7,2	9
Botyre	Col de Crans-Montana	915	1800	885	17,1	5,2	9
Chippis	Vercorin	526	1320	764	9,8	7,8	12
Loye	Nax	920	1300	380	6,7	5,7	10,5
Grône	Nax	510	1300	790	11,3	7	12
Junction (below Nax)	Mayens de Vernamiège	1225	1560	335	4,4	7,6	9
Bramois	Mayens de Vernamiège	500	1560	1060	13,7	7,7	9
Euseigne	Thyon 2000	985	2095	1110	18,7	5,9	18
Beuson	Les Crettaux (Nendaz)	975	1520	545	10	5,5	9
La Scie (Isérables)	Croix-de-Cœur	1300	2175	875	12,4	7,1	19
Aproz	Les Crettaux (Nendaz)	490	1520	1030	17	6,1	17
Forêt verte Sprint		1290	1390	100	0,9	11,1	19



TOP TUBES

TOP TUBE ULTRA'

LE TOUR DES STATIONS
THE EVEREST OF CYCLING

ULTRAFONDO
THE EVEREST
241KM
8440M+

LE CHÂBLE
~4KM

VOLLÈGES
0KM

COL DU LEIN
11km

RIDDOS
30km

OVRONNAZ
43km

CONTNEY
58km

MAYENS-DE-LA-ZOIR
79km

ANZÈRE
97km

CRANS-MONTANA
116km

COL DE CRANS-MONTANA
122km

VERDORIN
152km

NAX
164km

MAYENS-DE-VERNAMIEGE
178km

SAINT-MARTIN
179km

THYON 2000
200km

NENDAZ
223km

FORÊT VERTE
229km

LA TZOUHAZ
232km

COL DE LA CROIX-DE-CŒUR
241km

VERBIER
248km

URGENCE / EMERGENCY
+41 27 552 04 10

TOP TUBE SUPER'

LE TOUR DES STATIONS
THE EVEREST OF CYCLING

SUPERFONDO
106KM
7000M+

LE CHÂBLE
~4KM

VOLLÈGES
0KM

COL DU LEIN
11km

RIDDOS
30km

OVRONNAZ
43km

CONTNEY
58km

MAYENS-DE-LA-ZOIR
79km

MAYENS-DE-VERNAMIEGE
114km

SAINT-MARTIN
119km

THYON 2000
144km

NENDAZ
167km

FORÊT VERTE
173km

LA TZOUHAZ
176km

COL DE LA CROIX-DE-CŒUR
186km

VERBIER
193km

URGENCE / EMERGENCY
+41 27 552 04 10

TOP TUBE GRAN'

LE TOUR DES STATIONS
THE EVEREST OF CYCLING

MAR MOTTÉ
UNOFFICIAL MAR MOTTÉ
132KM
4760M+

LE CHÂBLE
~4KM

VOLLÈGES
0KM

COL DU LEIN
11km

RIDDOS
30km

MAYENS-DE-VERNAMIEGE
60km

SAINT-MARTIN
64km

THYON 2000
91km

NENDAZ
113km

FORÊT VERTE
119km

LA TZOUHAZ
122km

COL DE LA CROIX-DE-CŒUR
132km

VERBIER
139km

URGENCE / EMERGENCY
+41 27 552 04 10

TOP TUBE MEDIO'

LE TOUR DES STATIONS
THE EVEREST OF CYCLING

MEDIOFONDO
77KM
3000M+

LE CHÂBLE
~4KM

VOLLÈGES
0KM

COL DU LEIN
11km

RIDDOS
30km

NENDAZ
58km

FORÊT VERTE
64km

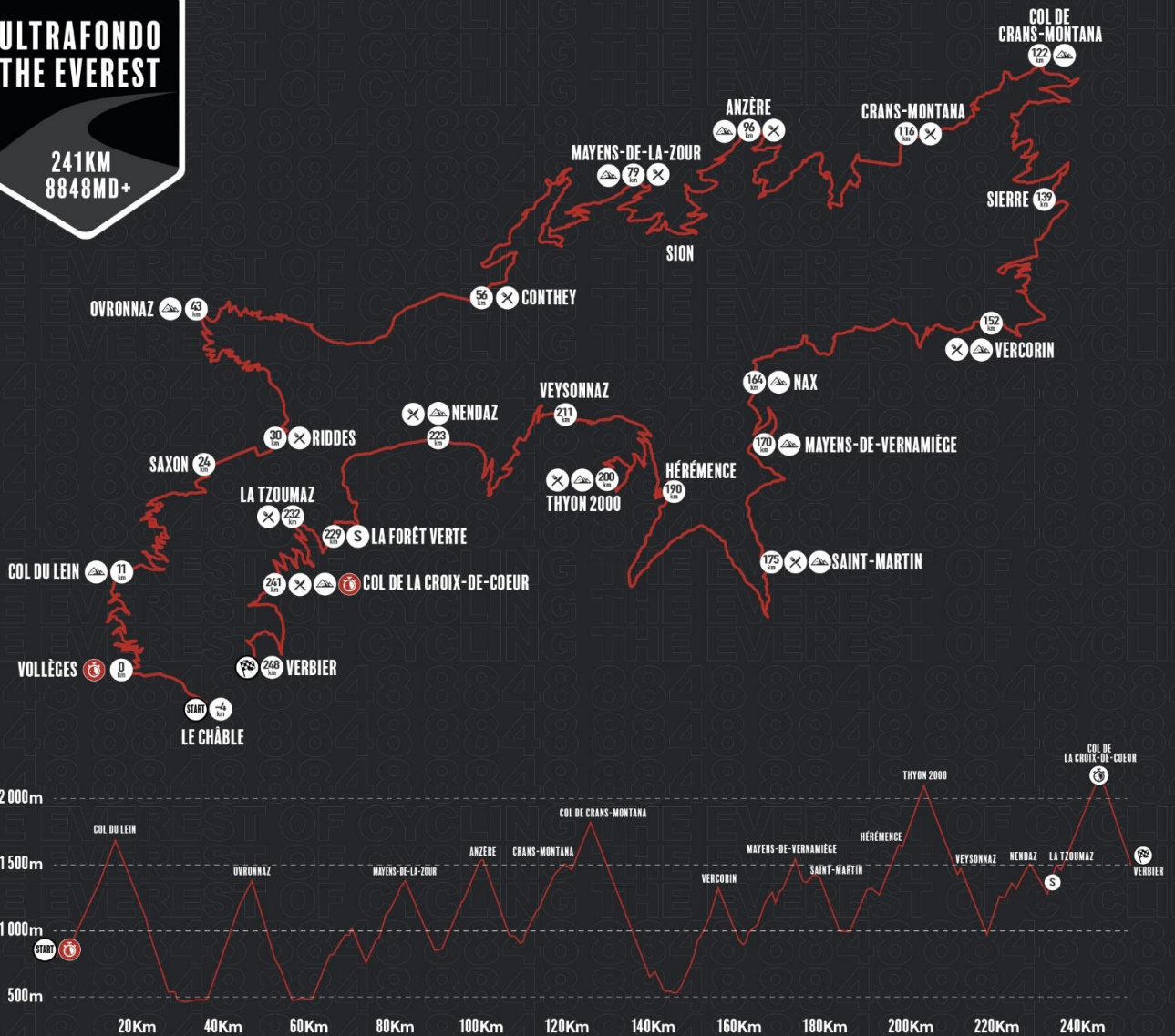
LA TZOUHAZ
68km

COL DE LA CROIX-DE-CŒUR
77km

VERBIER
84km

URGENCE / EMERGENCY
+41 27 552 04 10

ULTRAFONDO



COURSE INFORMATION

IMPORTANT: Two start times are available, at 2:30 a.m. or 5:00 a.m., depending on participants' ability to meet the defined cut-off times.

The Men's Elite start is mandatory at 5:00 a.m., while the Women's Elite start is mandatory at 2:30 a.m., due to TV broadcasting requirements.

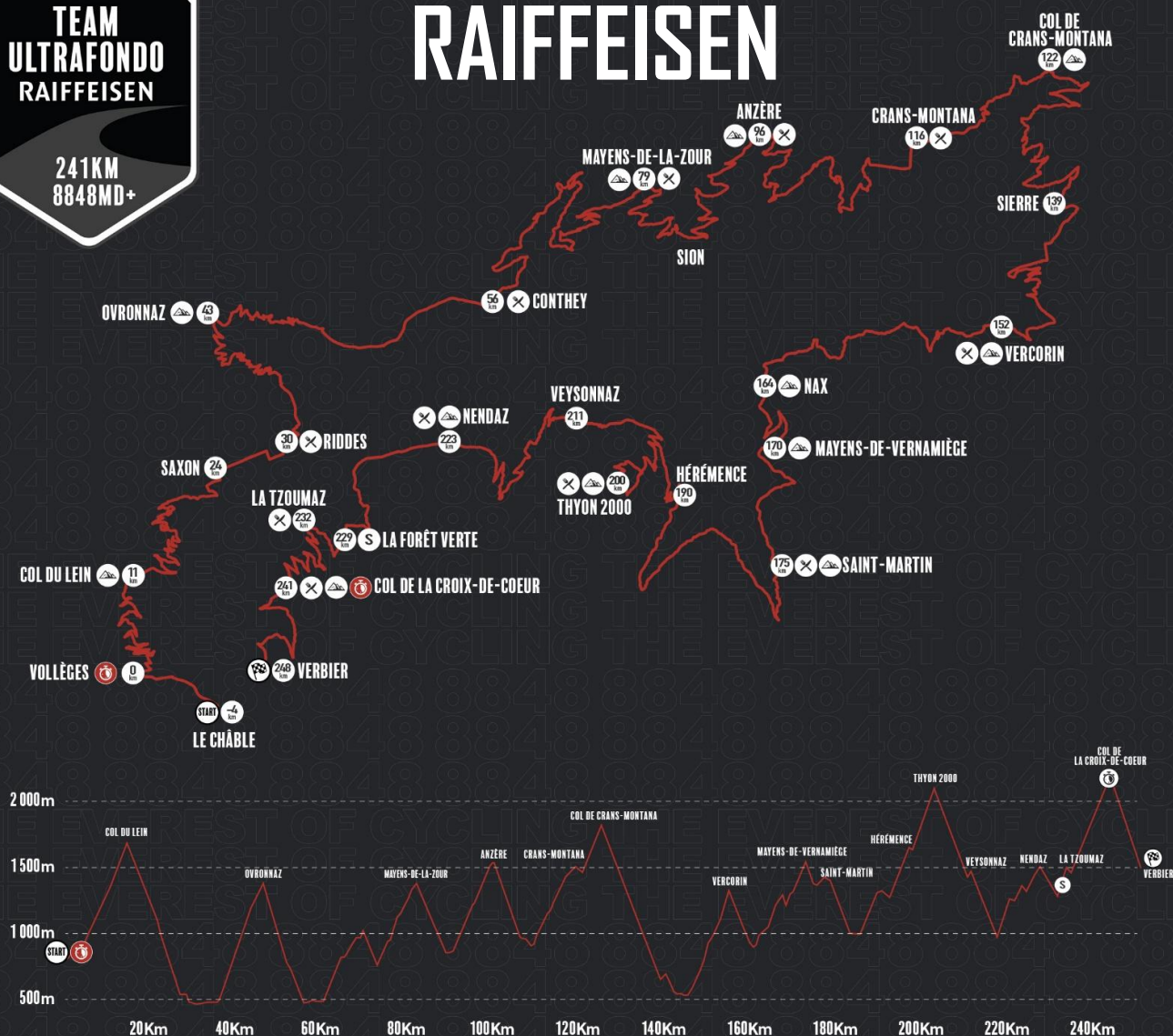
ROADWORKS: Traffic lights may be in place at various points along the course. Participants must obey the lights and follow the instructions of the safety staff. Failure to comply will result in a one-hour penalty.

S Forêt Verte Sprint (900 m / 100 m elevation gain)





TEAM ULTRAFONDO RAIFFEISEN



COURSE INFORMATION

Participants in the Team Ultrafondo Raiffeisen category race in teams of three.

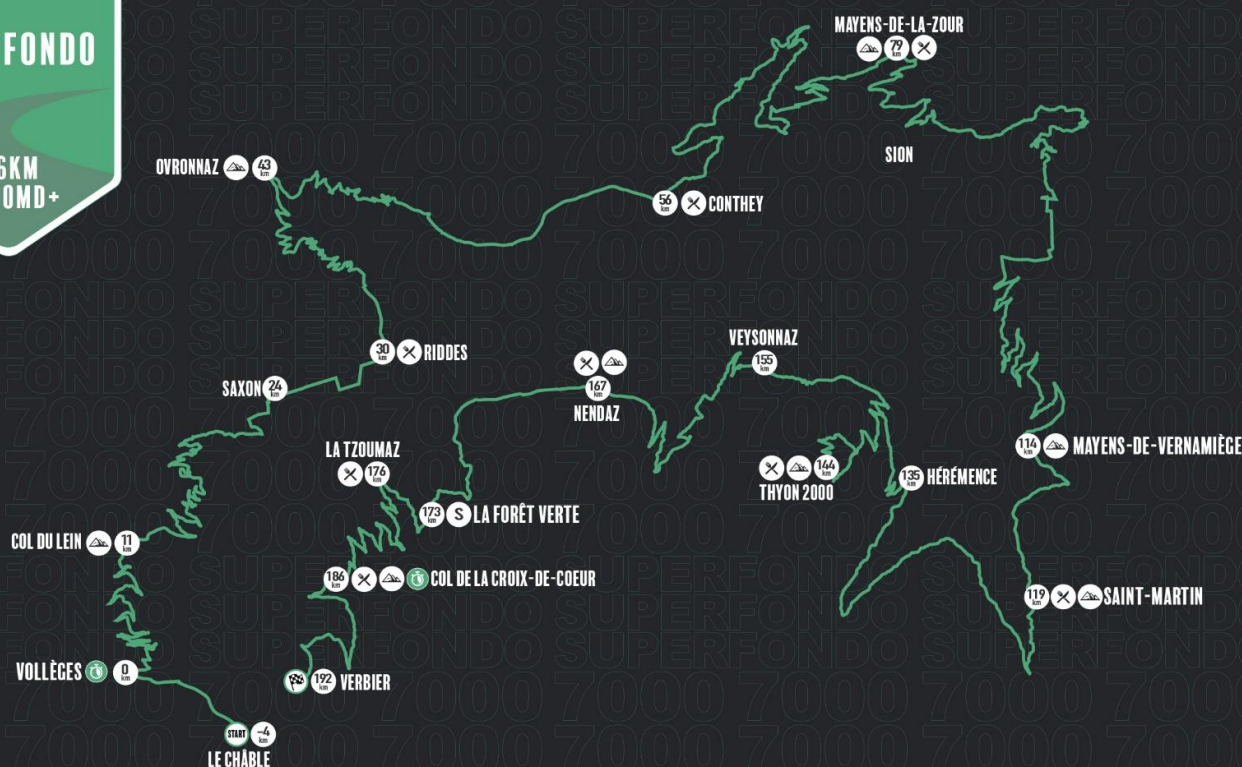
Team members complete the following relay legs:

- Leg 1: Le Châble – Mayens-de-la-Zour (79 km – 3,168 m D+)
- Leg 2: Mayens-de-la-Zour – Saint-Martin (95 km – 3,080 m D+)
- Leg 3: Saint-Martin – Verbier (68 km – 2,600 m D+)

Relay changeovers take place at the Mayens-de-la-Zour and Saint-Martin feed stations.

ROADWORKS: Traffic lights may be in place at various points along the course. Participants must obey the lights and follow the instructions of the safety staff. Failure to comply will result in a one-hour penalty.

SUPERFONDO



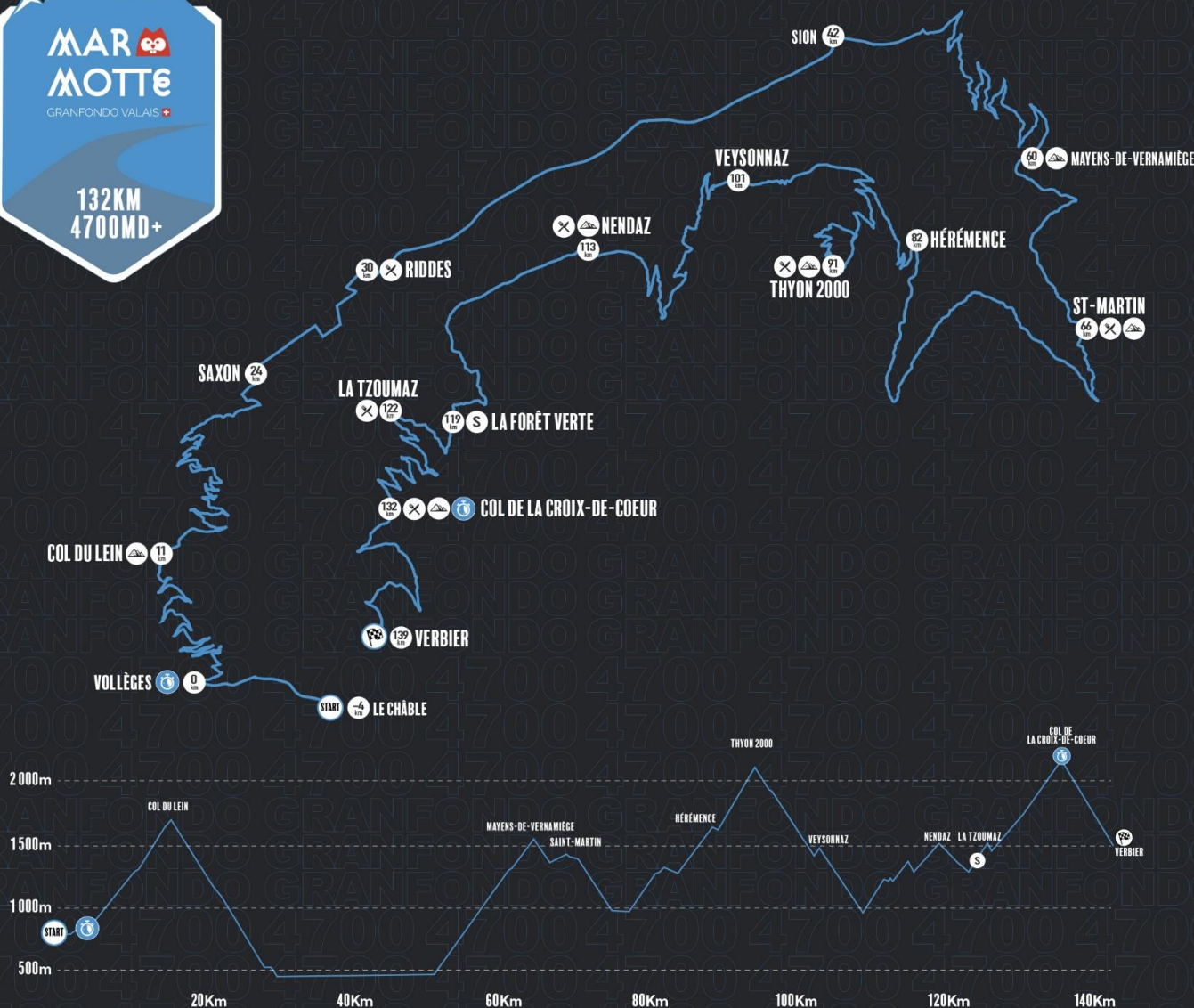
COURSE INFORMATION

ROADWORKS: Traffic lights may be in place at various points along the course. Participants must obey the lights and follow the instructions of the safety staff. Failure to comply will result in a one-hour penalty.

S Forêt Verte Sprint (900 m / 100 m elevation gain)



MARMOTTE GRANFONDO



COURSE INFORMATION

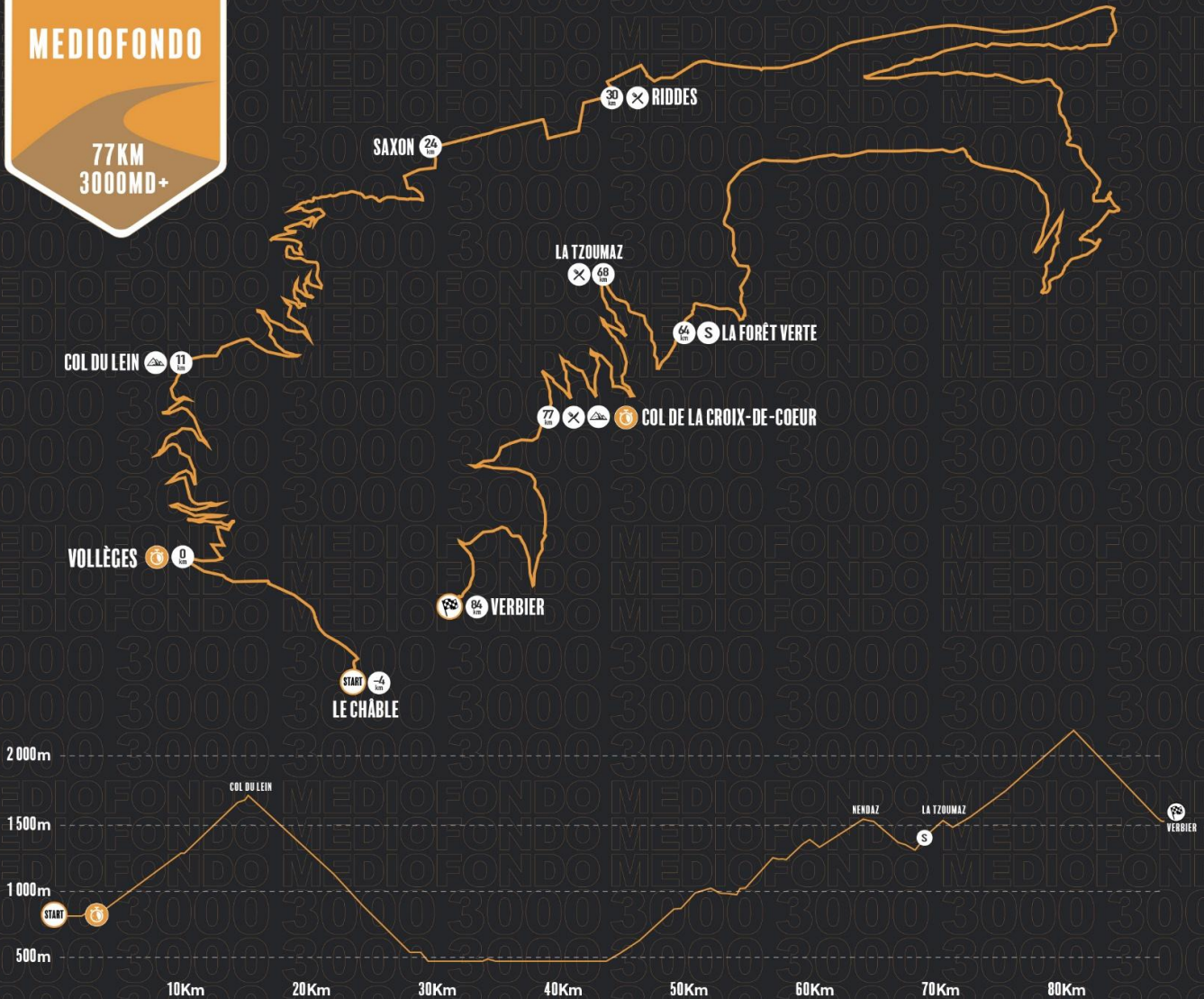
IMPORTANT: Participants competing for the overall classification must start in Wave 1.

ROADWORKS: Traffic lights may be in place at various points along the course. Participants must obey the lights and follow the instructions of the safety staff. Failure to comply will result in a one-hour penalty.

S Forêt Verte Sprint (900 m / 100 m elevation gain)



MEDIOFONDO



COURSE INFORMATION

IMPORTANT: Participants competing for the overall classification must start in Wave 1.

ROADWORKS: Traffic lights may be in place at various points along the course. Participants must obey the lights and follow the instructions of the safety staff. Failure to comply will result in a one-hour penalty.

S Forêt Verte Sprint (900 m / 100 m elevation gain)





BAMBINOFONDO

COURSES

- U6 (2020) : 2 laps – 1300m
- U7 (2019) : 2 laps – 1300m
- U8 (2018) : 5 laps – 3250m
- U9 (2017) : 5 laps – 3250m
- U10 (2016) : 5 laps – 3250m
- U11 (2015) : 8 laps – 5200m
- U12 (2014) : 8 laps – 5200m

PROGRAM

- From 06:00 p.m. : Starts in Verbier
- 07:00 p.m. : Awards ceremony

LAST-MINUTE REGISTRATION

Children can register online until Friday, 28 August at 5:30 p.m.

All participants must be ready by 5:45 p.m.



CUT-OFF & RETURN TRANSPORT

Participants must respect the cut-off times. Once a cut-off time has passed, it will no longer be possible to continue the race from the relevant checkpoint.

CHECKPOINTS

Checkpoints	Conthey	Crans-Montana (Ycoor)	Vercorin	La Place (Ayent)	Les Collons (Bif. des Reynards)	Nendaz	La Tzoumaz	Col Croix-de-Cœur
Ultrafondo	08:30 a.m.	12:00 p.m.	02:30 p.m.	N/A	04:30 p.m.	06:45 p.m.	07:30 p.m.	08:30 p.m.
Superfondo	10:00 a.m.	N/A		02:00 p.m.				
Marmotte Granfondo	N/A			N/A				
Mediofondo				N/A				

WITHDRAWAL PROCEDURE

If you withdraw, please report to a feed station manager. If you withdraw outside a feed station, you must immediately call the emergency number shown on your frame plate, at your own expense.

You may choose to continue after signing a waiver. Your time will no longer be recorded and you will not appear in the results.

RETURN TRANSPORT

Return to Le Châble is arranged independently using RegionAlps trains:

- From Sierre station after withdrawing at Crans-Montana (13 km / 950 m descent)
- From Sion station after withdrawing at Anzère (15 km / 1,000 m descent), Hérémence (15 km / 500 m descent) or Nendaz (16 km / 850 m descent)
- From Riddes station after withdrawing at Ovronnaz (10 km / 800 m descent) or La Tzoumaz (14 km / 1,050 m descent)

Then, travel from Le Châble to Verbier by gondola, free with your frame plate.

If you withdraw outside a feed station without informing a staff member, please call the **emergency number** shown on your frame plate: **+41 27 552 04 10**.



BTB

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BOUCHERIE | TRAITEUR

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☎ 027 771 19 46 🌐 www.lechaletgourmand.ch

Boucherie Traiteur Boissons
RAPHAËL JORDAN & SIMON TORNAY

Rue de la Commune 5, 1937 Orsières
☎ 027 783 12 29 🌐 www.btb.swiss

B comme
boucherie...

Sous la direction de Raphaël Jordan, nos boucheries basées à Orsières et Verbier fournissent aussi bien les professionnels que les particuliers. Raphaël sélectionne rigoureusement le bétail qui est abattu par nos bouchers. Nos fabrications traditionnelles sont reconnues loin à la ronde, saucisse au choux, saucissons, saucisses sèches assorties, atrieux, saucisse de sang, boudin, lard sec, viande séchée et jambon cru séché à l'os.

Découvrez notre boucherie en ligne sur www.btb.swiss. Tous les mois de nouvelles offres. Livraison à domicile dans toute la Suisse.

T comme
traiteur...

Sous la direction de Simon Tornay, notre service traiteur basé à Orsières s'adapte aux désirs d'une clientèle variée. Simon est à disposition pour un conseil personnalisé qui vous permettra de régaler vos invités sans vous fatiguer! Passionnés par les produits de qualité, notre équipe de cuisine et de service vous accueillera aussi bien dans un château qu'au milieu de la forêt! Tous vos désirs seront exaucés.

B comme
boissons...

Découvrez notre sélection de boissons locales pour accompagner vos events.

Livraison sur place et retour repris.

BTB, votre traiteur valaisan!



📍 BTB SA - Rue de la Commune 5 - 1937 Orsières
☎ +41 27 783 12 29 ✉ info@btb.swiss 🌐 www.btb.swiss

Le regard tourné vers l'avenir,

Raphaël & Simon vous garantissent de mettre tout en œuvre pour que votre fête soit une réussite!

BTB | ORSIÈRES | VERBIER

AWARDS CEREMONY

FROM 04:30 P.M.*

- Mediofondo Women Overall
- Mediofondo Men Overall
- Mediofondo Women 16–29
- Mediofondo Men 16–29
- Mediofondo Women 30–39
- Mediofondo Men 30–39
- Mediofondo Women 40–49
- Mediofondo Men 40–49
- Mediofondo Women 50–59
- Mediofondo Men 50–59
- Mediofondo Women 60–66
- Mediofondo Men 60–66
- Mediofondo Women 67+
- Mediofondo Men 67+
- Marmotte Granfondo Women Overall
- Marmotte Granfondo Men Overall
- Marmotte Granfondo Women 18–29
- Marmotte Granfondo Men 18–29
- Marmotte Granfondo Women 30–39
- Marmotte Granfondo Men 30–39
- Marmotte Granfondo Women 40–49
- Marmotte Granfondo Men 40–49
- Marmotte Granfondo Women 50–59
- Marmotte Granfondo Men 50–59
- Marmotte Granfondo Women 60–66
- Marmotte Granfondo Men 60–66
- Marmotte Granfondo Women 67+
- Marmotte Granfondo Men 67+

FROM 05:30 P.M.*

- Superfondo Women Overall
- Superfondo Men Overall
- Superfondo Women 18–29
- Superfondo Men 18–29
- Superfondo Women 30–39
- Superfondo Men 30–39
- Superfondo Women 40–49
- Superfondo Men 40–49
- Superfondo Women 50–59
- Superfondo Men 50–59
- Superfondo Women 60–66
- Superfondo Men 60–66
- Superfondo Women 67+
- Superfondo Men 67+

FROM 06:00 P.M.*

- Ultrafondo The Everest Women Overall
- Ultrafondo The Everest Men Overall
- Ultrafondo The Everest Women 18–29
- Ultrafondo The Everest Men 18–29
- Ultrafondo The Everest Women 30–39
- Ultrafondo The Everest Men 30–39
- Ultrafondo The Everest Women 40–49
- Ultrafondo The Everest Men 40–49
- Ultrafondo The Everest Women 50–59
- Ultrafondo The Everest Men 50–59
- Ultrafondo The Everest Women 60–66
- Ultrafondo The Everest Men 60–66
- Ultrafondo The Everest Women 67+
- Ultrafondo The Everest Men 67+

LIVE RESULTS

Results and rankings will be available live on the MSO Chrono platform.

You will be able to find:

- Your time at each intermediate timing point
- Your overall ranking
- Your position in your age category

** Prizes must be collected in person on race day and will not be sent by post after the event.*

SUPPORTERS

Supporters are welcome along the course to cheer on the participants.

Where to cheer them on? Experience the Tour des Stations in the heart of the legendary Forêt Verte on Saturday, 29 August, from 10:00 a.m. to 4:00 p.m.

Drinks – Raclette – Music

ACCESS FROM VERBIER:

- Bus departure at 9:00 a.m. in front of the Finisher Village
- Gondola from 10:00 a.m.: Verbier Creux – Savoleyres – La Tzoumaz

A shuttle runs every 20 minutes between La Tzoumaz and the start of the Forêt Verte trail. The Fan Zone is a 10-minute walk away.

RETURN TO VERBIER:

- By gondola only from La Tzoumaz until 4:30 p.m.

CONDITIONS:

- Bus from Verbier: free with prior booking at the TDS information stand
- Gondola: free from 1 night's stay in Val de Bagnes, or CHF 21.–/adult and CHF 15.–/child



SAFETY & HEALTH

GOOD TO KNOW

- Please assist anyone in difficulty.
- In case of a problem, contact Race Control via the emergency number or inform a volunteer.
- Please follow the organiser's instructions.

EMERGENCY

For any emergency, please call: **+41 27 552 04 10**

This number is also printed on your race number and bike sticker.

STAY HYDRATED

The Tour des Stations is a demanding event. To enjoy it from start to finish:

- Drink water regularly
- Make the most of the feed stations
- Eat enough
- Listen to your body

The Tour des Stations is a challenge that requires careful effort management. Pace yourself, enjoy every kilometre and reach the finish line in the best possible condition.

FEELING UNWELL

If you feel unwell:

- Slow down and stop if necessary
- Inform a volunteer or call the emergency number

WITHDRAWAL

- Inform the organisation at a feed station, a volunteer or staff member, or call the emergency number directly.
- **Never leave the course without informing us!**





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ALL IN



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RACE RULES

PARTICIPATION

By taking part in the Tour des Stations, each participant confirms that they:

- are in good health and sufficiently trained
- participate under their own responsibility
- are covered by personal accident and liability insurance
- accept the official event rules

Minimum age varies by format:

- Ultrafondo, Superfondo & Marmotte Granfondo: 18 years
- Mediofondo: 16 years (with parental consent)

BEHAVIOUR & RACE ETIQUETTE

The Tour des Stations is a demanding sporting event held on open roads.

We expect everyone to:

- obey the traffic rules at all times
- respect volunteers, participants and spectators
- behave fairly and respectfully
- follow the safety staff's instructions
- take roundabouts on the right only
- always ride on the right-hand side of the road

Aggressive, disrespectful or dangerous behaviour will not be tolerated.

RESPECT THE ENVIRONMENT

Please respect the villages and landscapes you ride through.

Waste must be disposed of in the designated areas at feed stations.

Deliberately discarding waste outside these areas may result in disqualification.

EQUIPMENT

For your safety and that of others, each participant must carry throughout the event:

- an approved helmet with the chin strap fastened
- a mobile phone with a fully charged battery
- a frame plate and road book with the emergency number
- a white front light and red rear light – check the course/start procedure
- a hydration system (bottle or hydration pack)

Only road bikes are allowed. Time-trial bikes, aero extensions, lenticular/disc wheels and e-bikes are strictly prohibited.

CUT-OFFS & WITHDRAWALS

The following may result in disqualification:

- failing to follow the course or cut-off times
- unauthorised race number transfer or exchange
- dangerous or disrespectful behaviour
- failure to comply with traffic rules
- littering on the course
- using unauthorised equipment (*e-bike, team car, etc.*)
- use of performance-enhancing drugs

The organisation and medical team also reserve the right to stop a participant for health or safety reasons.

OUR COMMITMENTS



AN ECO-RESPONSIBLE EVENT



Food: Priority given to local products and short supply chains.



Energy: Our partner supplies 100% renewable hydropower.



Communication: Less printing, more digital communication.



Equipment: Reusable branding and signage.



Waste: Reusable tableware and waste sorting in the Village.



Water: All water provided comes from Valais springs.



Mobility: Encouraging the use of public transport and active mobility.

THANK YOU TO OUR VOLUNTEERS!

Volunteers make all the difference at the Tour des Stations.
Their passion and commitment help create a unique experience for every participant.

THANK YOU to our 600 volunteers!

But we can never have too many... Join the TDS family:

<https://app.qoezion.com/go/events/4d083068-b45f-4ff7-b64e-ce8b162122ed>

No experience needed, just a positive attitude! Welcoming, guiding, cheering: there's a role for everyone.

Want to experience the event from the inside? Sign up now at www.tourdesstations.ch



LE TOUR DES STATIONS

THE EVEREST OF CYCLING



CONTACT



R&D Cycling

info@rd-cycling.ch



Office

+41 27 552 04 14



Emergency during the event

+41 27 552 04 10

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Tour des Stations



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www.tourdesstations.ch



Tour des Stations – Marmotte Valais

MERCI !

ULTRA PARTENAIRES

RAIFFEISEN

GLE

ENERVIT



GRAVÉ DANS MON CŒUR.



GRAN PARTENAIRES



MEDIO PARTENAIRES



PERSKINDOL



Agence générale
Thierry Stalder
1950 Sion



MÉDIAS PARTENAIRES



Le Nouvelliste

Rhône fm

