



RULES AND REGULATIONS TDS

Version April 2018

Any participating athlete (hereinafter participant, competitor) in the cycling race “Le Tour des Stations” undertakes to respect the regulations following their registration.

Tables of contents

Article 1 : Preface.....	2
Article 2 : Conditions de participation	2
Article 3 : Safety & liability	2
Article 4 : Equipment	3
Article 5 : Registration	3
Article 6 : Bibs	3
Article 7 : Timing & ranking.....	4
Article 8 : Prize-giving	5
Article 9 : Cut off times & withdrawals	5
Article 10 : Complaint and claims	5
Article 11 : Ethics	6
Article 12 : Respect for the environment.....	6
Article 13 : Legal provisions	6
Article 14 : Acceptance of rules and regulations	7
Specific regulations Team Ultrafondo Raiffeisen (3 person relay)	8
Specific regulations E-fondo Ride the Alps (electric bike)	8

Article 1 : Preface

The Tour des Stations is a cycle sporting (“Cyclosporitive”) event organized by the company R & D Cycling (hereinafter the Organizer) offering the following courses:

- Ultrafondo: individual or team of 3 (Team Ultrafondo Raiffeisen)
- Granfondo : individual (Look Marmotte Granfondo)
- Mediofondo : individual or electric bike (E-fondo Ride the Alps)
- Bambinofondo : individual

The event is supported by the resorts of Verbier, Crans-Montana, Nendaz, Ovronnaz, Anzère, Vercorin, Nax, Saint-Martin, Hérémece, Les Collons, Veysonnaz, La Tzoumaz, Conthey and Martigny.

It will take place on Saturday, August 11, 2018 on roads open to traffic. Accordingly, participants must comply with Federal Road Traffic Laws ([LCR](#)) as well as follow instructions from directors, managers and personnel of the race.

This regulation is subject to change up until the day of the event in the interest of the riders and their security. If needed, participants will be informed by electronic means (e-mail, Organizer’s website and social networks) of significant changes.

Article 2 : Conditions de participation

Participation is open to all, licensees and not licensees, subject to a minimum age:

- 18 years old for the Ultrafondo, Granfondo and Mediofondo courses
- No age limit for the Bambinofondo course

Participants must be in good health and properly trained. A license and/or the medical certificate is not required to participate in cyclosporitives events in Switzerland. However, the Organizer strongly recommends participants to consult a doctor to confirm their ability of being able to perform this type of effort.

Each participant must benefit from his own insurance (accident insurance and civil liability), covering personal injury and property damage while in Swiss territory (see Art. 3 Safety and liability).

Participation in the Tour des Stations implies unreserved acceptance by each competitor of this regulation

Article 3 : Safety & liability

The practice of cycling in general and competition cycling especially, is a risky physical activity. Each event participant must commit, knowing that it will involve mountainous terrain with intense climbs and fast descents.

The Organizer will implement several devices to secure the course: signs, motorcycles, flags indicating dangerous areas, signs indicating passages requiring special attention. The dangerous points of the course are referenced on the website of the event (tourdesstations.ch).

Throughout the course, participants must comply with the safety rules and instructions of the personnel of the race (civil protection, bikers, volunteers, etc.). The security arrangements for the event ends at the crossing of the finish line.

Each participant, author or witness of an accident, or seeing a need of medical assistance has the obligation to aid others and call for help by calling the emergency number on their road book.

The participant is solely responsible for any incident, accident or failure to follow the regulations of the event. All fees that would result from a medical care (ambulance, doctor, hospital, etc.) are the responsibility of the participant concerned. The responsibility of the Organizer, their affiliates, their

employees, and other auxiliaries for direct or indirect damage suffered by a participant, as part or in relation to their participation in the race, is solely excluded, in case of accident, theft or damage. The entry is confirmation that the participant is covered by their insurance and waives any legal action against the Organizer.

By registering for the event, each participant confirms having read all the information, particularly those relating to security, and undertakes to comply.

Article 4 : Equipment

Each participant must have on him/her throughout the ride and for the duration of the event:

- a rigid helmet with chinstrap attached,
- a mobile phone with a charged battery,
- a bib and the road map with the emergency number,
- a hydration (water bottle or hydration bag) system.

A change of bike is prohibited during the race.

Motorized assistance or follower vehicles on the course are formally prohibited. Infractions will be reported to the police for all offenders.

All costs arising from technical support (including spare parts) are the responsibility of each participant.

Article 5 : Registration

Until August 9, 2018, registration for the events are exclusively on the website to register online at the following address: www.tourdesstations.ch.

For the courses Ultrafondo, Granfondo and Mediofondo, "last minute" applications are only possible in the host city, Martigny on Friday, August 10, 2018, from 15:00 to 20:00.

For the Bambinofondo, the "last minute" registration can be done at the place of departure in Conthey, August 11, 2018, from 8:00 to 10:00. In addition, adult companions are also allowed to register to follow their child (ren).

The rates are presented on the event's website as well as on the online registration platform: <http://inscription.sportcommunication.info/>

The Organizer reserves the right to refuse the entry of a competitor.

The Organizer does not make any refund or postponement in case of accident or illness. Registration rights are owned by the Organizer. For a booked and attributed bib, no refund will be done in any case, such as (but not limited to) absence, abandonment of the participant, or postponement or cancellation of the event.

Article 6 : Bibs

Each participant must come and pick up their number in person. Exceptionally, and if registration is full, group leader's (club president) or a colleague can get the bib with the confirmation of a registration letter and a copy of the identification of the person concerned. Any allocation of bib is firm and final.

Transfer of registration is not allowed for any reasons whatsoever. Anyone selling his/her bib to a third party, can be held responsible for any accident that occurs, or is caused, by the latter during the race.

Bibs for the courses Ultrafondo, Granfondo and Mediofondo:

- Bibs and departure gifts are to be withdrawn at the host of the CERM in Martigny Village Friday, August 10, 2018, from 15:00 to 20:00. The bibs are given upon presentation of proof of identity, of the confirmation of registration received by email.
- Exceptionally, the numbers can be removed Saturday, August 11, 2018:
 - Ultrafondo : start in Martigny from 05:30 to 06: 15,
 - Granfondo : village departure Crans-Montana from 07:00 to 08:30,
 - Mediofondo : village departure from Conthey from 08:00 to 10:00.For these people, gifts will be given Saturday, August 11, 2018 at the finish in Verbier.

Neither number, nor gifts are sent by post.

Bibs for the course Bambinofondo :

The bibs are to withdraw to the starting of Conthey Village Saturday, August 11, 2018, from 08:00 to 10:00

Les plaques de cadre sont à retirer au Village de départ de Conthey le samedi 11 août 2018 de 08h00 à 10h00. The bibs are given on presentation of an identity card and registration confirmation.

Article 7 : Timing & ranking

The timing is done with an electronic detection system. All registrants will have a timing chip, glued on to the back of their bib.

This chip, detected by the different antennas arranged throughout the course of the event, will allow control of regularity of race and the results and rankings of the event.

To allow normal operation, the chip must be neither folded nor damaged. In addition, the bib must be attached to the front of the bike to ensure legibility. The electronic detection system is selected according to strict criteria of reliability. Despite tests by the manufacturers, there is a very small percentage of possible detection errors. The lack of data because of such a missed detection will not allow the Organizer to include the official time of the subject concerned in the ranking. The Organizer cannot be held responsible for this.

At the end of the event, several classifications are established:

Ultrafondo men	Scratch	18-29years	30-39years	40-49years
		50-59 years	60-66years	67years and +
Ultrafondo women	Scratch	18-34 years	35-49years	50years and +
Team Ultrafondo Raiffeisen	Scratch			
Look Marmotte Granfondo men	Scratch	18-29 years	30-39years	40-49years and +
		50-59 years	60-66years	67years and +
Look Marmotte Granfondo women	Scratch	18-34 years	35-49years	50years and +
Mediofondo men	Scratch			
Mediofondo women	Scratch			
E-Fondo Ride the Alps	No classification			
Bambinofondo	Scratch			

The first three of each category to cross the finish line are rewarded at the awards ceremony on arrival.

Article 8 : Prize-giving

The Organizer reserves the right to establish the prize board. The first three in each category must present their bib number and a piece of identification to receive the prize.

The prize must be removed on site on the day of the race.

Article 9 : Cut off times & withdrawals

Competitors must follow the compulsory hours of neutralization, for security reasons. These barriers correspond to the hours from which it will be no longer be possible to continue the race from the relevant control post. In not passing the checkpoints before the times defined below, the competitor will be disqualified and will not appear in the ranking of the event.

Route/Location	Cut-off times					
	Crans-Montana	Vercorin	Hérémece	Nendaz	La Tzoumaz	Verbier
Ultrafondo	12h00	14h15	16h45	18h00	19h00	20h50
Granfondo	N/A					
Mediofondo E-Fondo Ride the Alps		N/A	N/A			

For the **Bambinofondo**, the cut-off time is set at **12:45 in Conthey**.

If a participant wishes to give up, he/she must announce to any checkpoints set up by the Organizer (Crans-Montana, Vercorin, Hérémece, Nendaz, la Tzoumaz, Conthey). They must report to the postmaster, who removes the bib number and tells them the means of repatriation. Anyone abandoning outside checkpoints must immediately report their abandonment to the race management through the emergency number shown on the road book. Any failure may result in costs which shall be paid for by the competitor.

Any participant victim to a fall, mechanical breakage or physical failure and who could not reach the repatriation points by themselves is required to immediately report his/her abandonment to the race management using the emergency number indicated on the road book. The final vehicle (broom wagon) will only support cases authorized by the race management. The participant supported by the broom wagon will be disqualified from the race.

The medical service, which includes doctors and first-aiders, may decide to disqualify a participant for medical reasons.

Article 10 : Complaint and claims

Any claims may be done in writing to the race office, no later than 15 minutes after the classification is made. The complaint and/or claim must be accompanied by a justification.

This will be accompanied by a deposit of CHF 100-. This amount will be refunded if the claim is accepted. Claims will be judged by the jury of the race (Race Director, timing manager). Decisions related to claims are final.

Article 11 : Ethics

The Organizer puts a point of honor on the Olympic values of excellence, friendship and respect that are the keystone of a fair and sustainable sport. Participants must treat with respect the other competitors, the members of the Organization, volunteers and spectators. The Organizer reserves the right to exclude participants who commit acts of violent behavior or discriminating verbal abuse against anyone.

The Organizer is subject to Swiss Olympic "Doping Regulations" (revision of May 12, 2005). Anti-doping controls can be carried out. Registration and participation in this competition, participants allow themselves to be subject to the anti-doping Swiss Olympic provisions and recognize the competence of his/her "Disciplinary Chamber for doping cases" and that of the Court of Arbitration for Sport (Lausanne), to the exclusion of any other ordinary court. The participant will also have to bear the consequences of his/her behavior (suspension/termination).

Article 12 : Respect for the environment

In order to respect the environment and natural areas crossed, it is strictly forbidden to abandon waste (paper, plastic packaging, tubes containing energy gels...) on the course. "Collection zones" and bins will be installed and posted on each refueling station on the course. They must be used by participants.

Participants must keep waste and packaging while waiting for the places indicated by the Organizer to get rid of it.

The Organizer reserves the right to disqualify any participants deliberately throwing their waste outside of the designated areas.

Article 13 : Legal provisions

Participation in the race is done under the full responsibility of the riders, with waiver of any recourse against the Organizer regardless of the damage suffered or caused.

In case of accident, liability of the Organizer and any individuals or entities participating in the Organization, including but without being exhaustive, the bodies and employees of the Organizer, the agents, contractors, auxiliaries, including volunteers, is excluded to the fullest extent permitted by law.

Each competitor expressly authorizes the Organizer as well as their assigns, such as media, and partners to use still or audiovisual images of the race including preparation phases and those following the race on which he/she might appear, taken on the occasion of his/her participation in the Tour des Stations, on all media including advertising and/or promotional material, worldwide and for the longest duration provided for by the law, regulations, treaties in force, including any extensions that could be made at this time.

Participation in the race not an entitlement to use the race for promotional or commercial purposes. All communication about the event or use of images from the event is proprietary and is subject to written authorization of the Organizer who will set the conditions. "Tour des Stations" is a registered trademark.

The legal venue is Sierre, Valais.

Article 14 : Acceptance of rules and regulations

Participation in the Tour des Stations implies express and unreserved acceptance by each competitor of this regulation.

In case of difference between the texts of the various versions of the regulations, the French version of the regulations is authentic.

Granges, the 1st of March 2018.
R&D Cycling Sàrl

Specific regulations Team Ultrafondo Raiffeisen (3 person relay)

- The category is open to all riders who meet the regulations of the Tour des Stations.
- Race : Participants of category Team Ultrafondo do the race as team. The members of the team are the following relays:
 - Relay n°1 : Martigny – Crans-Montana (86km – 2800m D+)
 - Relay n°2 : Crans-Montana – Hérémece (75km – 2300m D+)
 - Relay n°3 : Hérémece – Verbier (59km – 2300m D+)
- Composition of the team: a team consists of 3 participants, running one of the 3 relays noted above. Teams can be mixed (men + women)
- Name of the teams: each team is registered with a name of their choice.
- Designation of a team leader: a competitor in each team must be appointed (first and surname) as a contact person during registration.
- Changes in the composition of the team: in case of defection of one of the three riders during the preparation of the Tour des Stations, the teams are entitled to a change. They can register a replacement in respect of **Article 3: security & responsibility** for free of charge. The team leader must announce any changes to the composition of their team no later than 15 days before the race by email to info@sportcommunication.com.
- Ranking: the race time is taken with the finish of the 3rd rider crossing the finish line which determines the time of the team.
- Abandonment of a participant, the next rider can continue the course following the announcement of the abandonment and the potential consent of the race directors. However, the team will not be ranked.

Specific regulations E-fondo Ride the Alps (electric bike)

- The category is open to all riders who meet the regulations of the Tour des Stations.
- Only approved electric bikes with a maximum speed of 25 km/h (\pm 5%) and all motors not exceeding 250w are allowed. Only pedal assistance is allowed.
- Two batteries per rider are allowed. The change of battery is the responsibility of the rider.
- Any technical problems related to the electronics of the bikes are not the responsibility of the Tour des Stations.